



# 2008 AAU JUNIOR OLYMPIC GAMES WEIGHTLIFTING



**LOCATION:** Rock Financial Showplace, 46100 Grand River, Novi, Michigan

<b>DATES:</b>	Friday, July 25	Check-In / Registration	Rock Financial Showplace
	Friday, July 25	Technical Conference (7:00 pm)	Rock Financial Showplace
	Saturday, July 26	Competition	Rock Financial Showplace
	Sunday, July 27	Competition	Rock Financial Showplace
	Monday, July 28	Competition	Rock Financial Showplace
	Monday, July 28	Celebration of Athletes	Eastern Michigan University

\* Athletes must check-in at least one day prior to the day they compete.

**REVISED: THERE WILL NOT BE A TRAINING CAMP. LAST DAY OF COMPETITION IS JULY 28.**

**ENTRY DEADLINE:** Entries must be received no later than **Friday, July 11, 2008**. It is important that all forms be completed and returned with the entry fee. **ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE!**

**ENTRY FEES:** The individual athlete entry fee is \$40.00. The AAU Team entry fee is \$40.00. All entry fees are non-refundable. No personal checks will be accepted. All entry fees must be in the form of either a cashier's check or money order and should be made payable to **2008 AAU Junior Olympic Games**. Please do not send cash.

**ATHLETES and COACHES** must send entry forms and fees to the following address:

2008 AAU Junior Olympic Games  
Attn: Swimming  
211 W Fort Street, Suite 1000  
Detroit, MI 48226

**AGE DIVISIONS:** **Age Divisions for 2008 include (Boys & Girls):** 11 & Under, 12-13, 14 -15, 16-17, 18-19

**AAU MEMBERSHIP:** REQUIRED - NO EXCEPTIONS. Each athlete and coach must be a member of the AAU and be able to present a 2008 AAU membership card at the time of check-in and at weigh-ins for his or her weight class. Athlete membership is \$12 and coach (non-athlete) membership is \$14. Join on-line at [www.aausports.org](http://www.aausports.org).

**QUALIFICATION:** Open to all lifters who meet qualifying totals. AAU and USA Weightlifting membership required.

**AWARDS:** AAU Junior Olympic Games medals will be awarded to the top six (6) finishers in each division. Plaques will be awarded to the first place winner in each weight class in each division. A "Best Lifter Award" will be presented in each age division, first place. Team awards will be presented to the top three (3) overall men's team and women's team. In addition, a "Coach of the Year" plaque will be presented.

**CHECK-IN:** Check-In will be held at the Rock Financial Showplace located at 46100 Grand River Avenue, Novi, MI 48374. A \$5 per day parking fee will apply. Please follow the posted signs to the Check-In Area. For check-in hours, mapping and additional directions please visit [www.aaujrogames.org](http://www.aaujrogames.org).

**Check-in will be open the following hours. Participants should check-in the day prior to competition.**

Friday, July 25	10:00 a.m. - 6:00 p.m.	Rock Financial Showplace
Saturday, July 26	8:00 a.m. - 5:00 p.m.	Rock Financial Showplace
Sunday, July 27	10:00 a.m. - 4:00 p.m.	Rock Financial Showplace
Monday, July 28	8:00 a.m. - 6:00 p.m.	Rock Financial Showplace

**PARKING:** Parking is \$5 per day at the Rock Financial Showplace. Please visit [www.aaujrogames.org](http://www.aaujrogames.org) for additional parking information.

**TECHNICAL CONFERENCE:** A Technical Conference for all athletes, coaches, and officials will take place on Friday, July 25 at 7:00 p.m. at the Rock Financial Showplace. Coaches may represent athletes at this conference but a representative from each delegation should be present. AAU & USAW RULES APPLY. A 7kg bar will be used for girls until 20kg is reached. For boys age divisions 11 & under and 12-13, a 7kg will be used until 20 kg is reached at which point a 15 kg bar will be used.

**USAW PARTICIPATION AND RANKING:**

Per agreement between the AAU and USA Weightlifting, this event will only be comprised of AAU weight classes and qualifying totals. This event is sanctioned by both the AAU and USA Weightlifting. USAW teams and athletes are encouraged to attend. Totals made at this event by USA Weightlifting registered athletes will be valid for USAW ranking and qualification purposes and will be entered into the USAW athlete database.

**TEAM COMPETITION:**

Only registered clubs are eligible to enter teams. Team rosters and the AAU team entry fee must be **received by July 11, 2008**. The team entry fee is \$40 per team. Register online at [www.aaujrogames.org](http://www.aaujrogames.org).

- Teams may enter in each age group with up to ten (10) athletes per group not to exceed two (2) athletes per weight class. There may also be two (2) overall teams entered, one (1) male, and one (1) female with each team consisting of the best fifteen (15) athletes from all age groups with a maximum of two (2) athletes per weight class.
- Team rosters will be submitted online. Each team member must be registered with the AAU club that he/she represents in order to score points. All athletes and coaches must be members of their AAU District and be able to present their 2008 AAU membership card at the time of check-in and at Weigh-in of their weight class. Athlete membership is \$12 and coach (non-athlete) membership is \$14. Join on-line at [www.aausports.org](http://www.aausports.org), contact your local AAU Office at 1-800-AAU-4USA or the AAU National Office at 407-934-7200.

**ATTIRE:**

**Singlets will be required for competition.** A singlet may be worn while weighing in.

**CELEBRATION OF ATHLETES:**

The 2008 AAU Junior Olympic Games **Celebration of Athletes** will be held on Monday, July 28 at 7:30 p.m. on the campus of Eastern Michigan University at Olds-Marshall Track. All athletes are encouraged to attend, as you won't want to miss this year's celebration. Check the web site at [www.aaujrogames.org](http://www.aaujrogames.org) for more announcements on the **Celebration of Athletes**.

**HOUSING:**

The Detroit Metro Convention and Visitors Bureau will handle **all** requests for hotels. **Visit [www.aaujrogames.org](http://www.aaujrogames.org) to make reservations, view hotel lists, maps and more.** For assistance, please call the Detroit Metro Convention & Visitors Bureau at (800) DETROIT or (800) 338-7648. You will need to have the following information ready when making reservations:

1. The sport in which you will compete
2. The number of people in your party
3. The number of rooms you need
4. Your arrival and departure dates
5. Your credit card number

**Important:** Please check online or with the Detroit Metro Convention & Visitors Bureau regarding deposit requirements and cancellation policies. AAU is not responsible for any refunds from cancellations.

**TRANSPORTATION:**

All participants and spectators are responsible for their own transportation to and from all activities, events, and hotels.

**SECURITY:**

All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

**FOOD:**

All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

**ADMISSION FEE:**

Admission to all venues and the Celebration of Athletes for credentialed participants is included in your entry fee. You must check-in and pick up your athlete or coach credential prior to receiving admittance into any venue, including the Celebration of Athletes. All other spectators may purchase an admission ticket that is valid for all the sports involved in the Games. For more information on ticket options, please refer to the Event Handbook or visit [www.aaujrogames.org](http://www.aaujrogames.org).

**NO GUARANTEE:**

The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

**CONTACTS:**

**AAU NATIONAL LIAISON:**

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# AAU JUNIOR OLYMPIC GAMES WEIGHTLIFTING TENTATIVE COMPETITION SCHEDULE

## FRIDAY, JULY 25, 2008

**Monday will be the arrival date for athlete check-in and the technical conference.** Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

**Technical Conference will be held at 7:00 p.m. SHARP at Rock Financial Showplace.**

**MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR**

## SATURDAY, JULY 26, 2008

<b>Age Group</b>	<b>Weight Class</b>	<b>Weigh-In</b>	<b>Lift</b>
11-U Boys	All	8:00am	10:00am
12-13 Boys	All	10:00am	12:00pm
14-15 Boys	All	12:00pm	2:00pm

## SUNDAY, JULY 27, 2008

<b>Age Group</b>	<b>Weight Class</b>	<b>Weigh-In</b>	<b>Lift</b>
11-U & 12-13 Girls	All	8:00am	10:00am
14-15 & 16-17 Girls	All	10:00am	12:00pm
18 -19 Girls	All	12:00pm	2:00pm

## MONDAY, JULY 28, 2008

<b>Age Group</b>	<b>Weight Class</b>	<b>Weigh-In</b>	<b>Lift</b>
16-17 Boys	All	8:00am	10:00pm
18-19 Boys	56 - 77	10:00am	12:00pm
18-19 Boys	85 - 105 +	12:00pm	2:00pm

# WEIGHTLIFTING AGE DIVISIONS & QUALIFYING TOTALS

## BOYS

### 11 & Under Division (Born 1997 & After)

Weight Class	*Qualifying Total
31 kg	25 kg
35 kg	29 kg
39 kg	33 kg
43 kg	36 kg
47 kg	40 kg
50 kg	42 kg
56 kg	46 kg
62 kg	50 kg
62 +kg	54 kg

### 14-15 Division (Born 1993 - 1994)

Weight Class	Qualifying Total
50 kg	70 kg
56 kg	77 kg
62 kg	83 kg
69 kg	90 kg
77 kg	96 kg
85 kg	101 kg
94 kg	106 kg
94 +	111 kg

### 18-19 Division (Born 1989 - 1990)

Weight Class	Qualifying Total
56 kg	115 kg
62 kg	125 kg
69 kg	135 kg
77 kg	144 kg
85 kg	152 kg
94 kg	159 kg
105 kg	166 kg
105 +	171 kg

### 12-13 Division (Born 1995 - 1996)

Weight Class	*Qualifying Total
35 kg	40 kg
39 kg	45 kg
43 kg	50 kg
47 kg	54 kg
50 kg	58 kg
56 kg	64 kg
62 kg	69 kg
69 kg	74 kg
69 + kg	79 kg

### 16-17 Division (Born 1991 - 1992)

Weight Class	Qualifying Total
50 kg	95 kg
56 kg	105 kg
62 kg	113 kg
69 kg	122 kg
77 kg	131 kg
85 kg	138 kg
94 kg	144 kg
94 +	151 kg

## GIRLS

### 11 & Under Division (Born 1997 & After)

Weight Class	*Qualifying Total
31 kg	22 kg
35 kg	26 kg
39 kg	29 kg
44 kg	33 kg
48 kg	36 kg
53 kg	39 kg
58 kg	42 kg
58 +	45 kg

### 14-15 Division (Born 1993 - 1994)

Weight Class	Qualifying Total
44 kg	47 kg
48 kg	52 kg
53 kg	56 kg
58 kg	60 kg
63 kg	64 kg
69 kg	67 kg
69 +	70 kg

### 18-19 Division (Born 1989 - 1990)

Weight Class	Qualifying Total
48 kg	70 kg
53 kg	76 kg
58 kg	81 kg
63 kg	86 kg
69 kg	90 kg
75 kg	94 kg
75 +	97 kg

### 12-13 Division (Born 1995 - 1996)

Weight Class	*Qualifying Total
35 kg	31 kg
39 kg	36 kg
44 kg	41 kg
48 kg	45 kg
53 kg	49 kg
58 kg	52 kg
63 kg	55 kg
63 + kg	58 kg

### 16-17 Division (Born 1991 - 1992)

Weight Class	Qualifying Total
44 kg	58 kg
48 kg	63 kg
53 kg	69 kg
58 kg	74 kg
63 kg	78 kg
69 kg	82 kg
69 +	86 kg